

Blood and Marrow Transplant (BMT) Caregiver Information

The Outpatient BMT Clinic

Pediatric Blood and Marrow Transplantation Program

1600 5th Avenue South

Birmingham, AL 35233

Tel: 205-638-6393 or 205-638-6373

Hours: 8:00 a.m. – 4:00 p.m., Monday through Friday

You may need to come to the clinic as often as daily, based on your child's condition and needs. Usually the clinic visits decrease after the first few months. Use a calendar or note book to keep track of clinic visits, changes to medications, blood counts or other vital information. Writing things down may help decrease stress and help keep things organized. Bring this information to all your clinic visits.

Please bring these items with you each time you come to the clinic:

- A copy of your current insurance card
- New address information if you have moved or are moving soon
- New home, work, or cell numbers
- List of all medications your child is taking and medicine bottle so we can verify the medications
- Your pharmacy's phone number

Visitors and siblings are allowed to come to clinic appointments with you as long as they are not sick. Limit the number of people coming to the appointment to a maximum of 2 adults and 2 children, including the patient.

- All patients must wear a mask into the hospital for their visit, regardless of hospital masking requirements.
- All patients younger than 18 years old must be accompanied by a caregiver and they must stay for the entire visit.
- Anyone scheduled for a sedated procedure must have a driver present.
- If your child has a port, place LMX cream on the port site 1 hour before your appointment time. It can decrease the length of the clinic visit.

Arriving at the clinic

- All children younger than age 18 years must have a parent or guardian with them at each visit
- A parent or guardian must stay for the entire visit
- Anyone scheduled for a sedated procedure must have a driver
- Make sure your child wears his/her mask into the hospital for the clinic visit

What to Expect at Clinic Visits

- When you arrive a unit support specialist or nurse will check your child in for his/her appointment
- Your child's vital signs (height, weight, temperature, respiratory & heart rate, and blood pressure) will be obtained.
- Blood will be collected for laboratory work

Access

- If your child has a port it can often decrease the length of the clinic visit if LMX® cream is placed on the port site one hour prior to the appointment time.

As a reminder for Clinic:

- Parents are responsible for cap and dressing changes. These are not done in clinic.
- Parents are to hep lock and flush CVL with supplies given by your home health provider whether they come to clinic or not.