



BLOOD AND MARROW TRANSPLANT (BMT) ADMISSION GUIDELINES FOR FAMILIES

Handwashing and Masks:

- All caregivers, visitors, family members, medical staff and Children's employees must wash their hands or use hand sanitizer before entering the BMT unit and before entering and leaving the child's room.
- The child will wear a mask anytime he/she is out of the room.

Caregivers:

- A caregiver must be with the child at all times.
- Caregivers must wear an identification badge.
- Two caregivers may sleep in the patient's room.
- The sleeper sofa is provided for the caregiver that will be staying through the night with the child.
- An air mattress may be used, but it must be deflated and put away by 9:00AM before morning team rounds.
- The child **MUST** sleep in the bed alone. The child is not allowed to sleep on the couch/chair/air mattress with you and you are not allowed to sleep in the bed with the child.
- There is a bathroom with shower facilities located through the double doors to the right of the entrance/exit of the unit. If you choose to use the bathroom or shower in the patient's room, please clean it before your child uses it. This is to prevent the spread of infection. If your child is on contact isolation precautions, you must only use the shower in the patient's room.
- A Visitor Screening Form is completed upon admission if they are not the parent/direct primary caregiver.
- Caregivers should not visit or stay with the child if they have signs of illness such as fever, cough, sneezing, irritability, or rash.
- Parents, patients, and visitors are not allowed to enter other BMT patient rooms or other rooms throughout the hospital.

Personal Belongings:

- Items brought from home must be washed or cleaned with a hospital grade disinfectant before entering the child's room (examples: bedding, bags and suitcases).
- Items dropped on the floor must be cleaned or laundered, or discarded.
- Electrical items must be inspected by the Children's biomedical department before use. Examples include (but are not limited to): hair dryers, radios, computers, video players.
- VERY large items are only allowed with staff's approval.
- The shelf closest to the computer will be left empty for staff to store supplies.
- Live plants and flowers are not allowed.
- A safe is provided and located in your assigned room.

Diet:

- Snacks for the caregiver are located in the parent lounge. The unit pantry is stocked for patient use only.
- Families may keep food items in the labeled parent lounge cabinets or refrigerator.
- Patients must order meals through room service. The tray will be removed from the bedside after 1 hour.
- The child may not share food with others, including family.
- Open food or drinks in the child's room will be thrown away after 1 hour.
- Food from home can only be kept for 24 hours. It will be stored in the Pantry and staff will provide it when you ask for it.
- You may bring food from restaurants for the child, but food from a buffet is not allowed. The restaurant must have a health rating of 90 or higher and have freshly cooked food.
- The child may not have drinks from a soda fountain machine. We will provide canned sodas for the child.

Daily Hygiene and Personal Care:

- Daily baths are **REQUIRED**. Unscented, hypoallergenic toiletries are provided. Perfumed lotions and soaps should not be used. The child should put on clean clothes after the bath.
- The child's body will need to be wiped daily with CHG wipes.
- Bed linens must be changed daily following the bath. Linens will be provided. Assistance will be provided upon request and as time permits.
- Comforters, blankets, slippers, and other such items from home must be laundered every 3 days or when visibly soiled. Personal clothing may be worn, but it must be washed daily.

- Oral hygiene will be performed twice daily or more as prescribed by their doctor.
- The nursing and/or medical staff will inspect the central venous line (CVL) site often.
- Tell your nurse right away if you notice redness, swelling, movement, or any other changes to the CVL site.
- The CVL dressing will be changed weekly, when visibly wet, soiled or when the dressing is damaged (i.e. edges peeling up).
- The CVL should be kept as dry as possible when bathing. Never submerge in water. There are temporary dressings available to help keep the CVL dry while bathing.
- Personal clothing may be worn. However, the nursing staff must be able to assess, monitor and use the CVL.
- A caregiver will be required to learn how to perform dressing changes before discharge.

Intake and Output:

- The nursing staff will record ALL intake and output, regardless of the amount. Your nurse will ask about food and drink intake, as well as output. Notes about intake and output may be written in the designated area in the child's room.
- Specimen pans will be placed in the toilet. Staff will measure and examine output (urine and stool), so it should never be flushed.
- Tell the nurse or medical staff right away if your child has discomfort or changes in bowel or bladder habits.
- Your child will be weighed twice a day, in the morning and at night.

Co-sleeping:

- Co-sleeping is not allowed.
- Children less than 25 months of age MUST sleep in a crib or enclosure bed. There are NO exceptions.

Identification:

- Your child will be given a hospital identification (ID) band upon admission.
- This ID must be worn at all times.
- The ID will be replaced as needed.
- Other bands may be placed on your child to alert the staff of special precautions for your child. These bands must also be worn at all times.

Isolation Precautions:

- Your child may have to be placed on isolation precautions at some point during his/her stay. If this occurs, the nurse and physician will discuss the process with you.

Activity:

- Activity is strongly encouraged. The Child Life Specialist and Physical Therapist help you develop an activity schedule.
- Activities may be limited due to changes in blood counts.
- A mask is required when the child is outside of his/her room.
- Slippers or house shoes must be worn while out of bed.
- Only one patient at a time is allowed in the hallway or activity room.

Medical Alert Identification Band:

Upon discharge from the hospital, your child will be encouraged to wear a Medical Alert Identification bracelet. It should read:

ALLOGENIC/AUTOLOGOUS BMT
 TRANSFUSE ONLY IRRADIATED, LEUKO-FILTERED BLOOD
 PRODUCTS

I have received and understand the "BMTU Admission Guidelines for Families". I agree to comply with the unit procedures and guidelines for as long as deemed necessary by the physician.

 Signature of Patient Date

 Signature of Parent/Legal Guardian Date

 Relationship to Patient

 Signature of Nurse Date

 Date and Time