

Swallow Study

Outpatient McWane

I am going to the hospital to have a swallow study.



A swallow study is a way to take pictures of the inside of my body when I swallow.

Nothing will hurt during my swallow study.

First, I will go to this desk.

My grown up will check us in
to let them know we are
here.



Next, I will wait in this waiting room.

There are lots of fun things to do while I wait like watch TV or color.



When it is time for my swallow study, I will walk into this room with my grownups.

I will meet the speech language pathologist and Xray technologist.



This is the camera that will take my pictures.

I will sit in the blue chair while my pictures are being taken.

The camera will be right next to my head but will not touch me.



The camera makes loud noises when it moves and take pictures.



The black strap and buckle keep me safe in the chair while I am having my pictures taken.

My job is to keep my head still during the pictures.



I will need to take sips of drinks that may taste and feel different in my mouth than I am used to.

I will also need to eat a few bites of food with a special white icing on it .

I can bring my own cup and choose a flavor if I'd like.



I did it!

After all of my pictures are done, my grown up and the speech language pathologist will talk for a few minutes.

I am going to do great!



This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2025)