

# Inpatient Visitation Guidelines



Children's  
of Alabama®

- Masks are recommended, but not required. *Note: masks may be required in some patient care areas.*
- Inpatient visitation hours: 9am – 9pm.
- Max of 4 people at any one-time (includes parents, siblings, extended family, and others).
- After 9pm: only 2 parents OR caregivers permitted. All others must leave the hospital.
- Parent/caregiver should be present in patient's room to receive other visitors.
- Visitation restrictions may apply when:
  - Clinically necessary.
  - Patient is on isolation.
  - Infection prevention practices dictate, including:
    - Parents, family, and visitors who have fever, cough, or other flu/infectious symptoms are not allowed to visit.
    - Siblings and children under the age of 12 are not allowed to visit at all when Seasonal Visitation Guidelines are in effect (October 1st – March 31st each year).

## Exceptions:

- Visitor guidelines may vary on critical care units, including age restrictions for siblings and other children.
- Flu vaccine is recommended for visitors on some critical care units.
- Visitors who have received live viral vaccines in the last 30 days are not permitted on some units.
- Visitation hours and guidelines differ on the Behavioral Health unit and are discussed upon admission to Behavioral Health.
- Outpatient clinics, Primary Care Practices, One Day surgery, the Heart Center and the Emergency Department each follow their own visitation guidelines that may differ from those listed above.

## Identification:

- Parents and Caregivers:
  - Obtain a visitor's sticker from main lobby Information Desk to access unit.
  - Once in the patient's room, obtain Parent or Caregiver Ticket from nurse.
  - Take ticket to Information Desk to obtain hard badge.
  - Use hard badge for the duration of patient's stay
  - Badge must be worn and visible at all times.
  - A new badge is needed if patient moves to a different unit.
- Siblings, family, and visitor Identification:
  - Obtain new visitor sticker from Information Desk each day.
  - Sticker must be worn and visible at all times.
  - Visitor sticker expires at close of visitation (9pm) each night.

Unit-specific questions regarding visitation should be discussed with your child's nurse or social worker.