



Children's
of Alabama®

A Trip To Surgery for my pH Probe

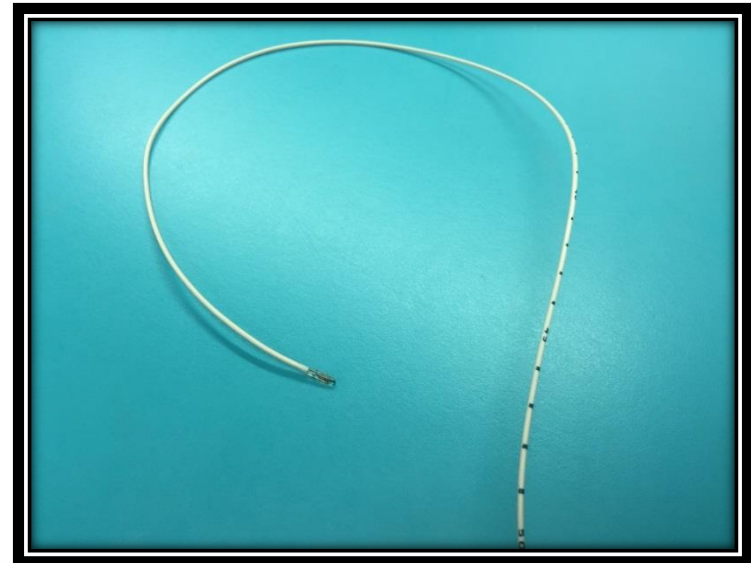


Benjamin Russell Hospital for Children

I am at the hospital to have a special test done called a pH prob test.



A pH probe is a small bendy tube will help the doctors learn more about my body.



The Waiting Room

When I arrive to the hospital, I will first wait in the waiting room.

I will wait calmly in this big room with chairs and a TV until my name is called.



Triage Room



In this room, I will stand on a scale to see how much I weigh.

I need to be calm and I will be ok.



The nurse will put a blood pressure cuff on my arm.

This will feel like a hug on my arm.
I will keep my arm still.

Triage Room



My nurse will put a sticker that looks like this on my finger.
This will check how well I am breathing.
I will hear a beeping noise.



My nurse will take my temperature.
The thermometer will touch my head.

Pre-Op Room



My family and I will go to a room with a TV.

My nurse will give me a bracelet with my name.
It is important I wear this on my wrist.



While I am in this room I will put on my hospital gown.

The hospital gown may feel different than my clothes but it helps the doctors take better care of my body.

While I am waiting, I can pick a flavor for my mask.



I can practice breathing in my mask.



Time to go

When it is time to go, a nurse will read my bracelet.



I will ride on a bed with wheels to the room where I will get my pH probe.





My family can walk with me down the hallway.



I will see a big wall with bubbles.

Watching the bubbles will help me stay calm.



Here I will give hugs and kisses. I will see my family later.



My family will wait for me in my room while I get my pH probe.



The room where I will get my pH probe has a different bed and special equipment.

Everyone will be wearing a hat and mask.

These help keep my body safe from germs.





A nurse will help me move to a different bed.

They will bring me a blanket so I can stay warm.

My nurse will...

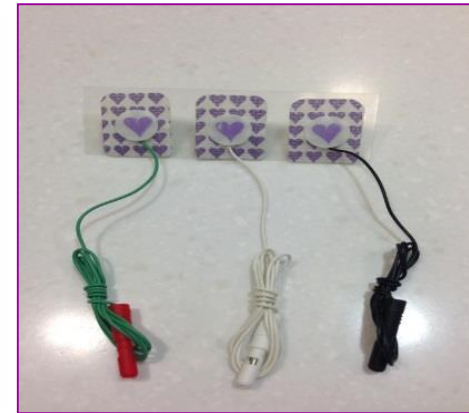


Put a blood pressure cuff on my arm.



Put a sticker that looks like this on my finger.

This will show how well my body is breathing.



The nurse will put two special stickers on my back, and one sticker on my side.

The stickers will feel cold but I am ok.

Sleepy Medicine



When it is time for my pH probe I will wear a special mask.

The mask will help me fall asleep.

My job is to take deep breaths.
I will not feel anything while I get my pH probe.

Recovery



This is the Recovery Room.
This is where I will wake up after I am all done.
It is ok to feel tired and sleepy.

My pH Probe

When I wake up my pH probe will be in place.

I may feel tape on my face. The tape keeps my pH probe from moving during my test.

It is very important that I do not pull my pH probe out.



My pH Probe



My pH probe will be plugged into a small computer that looks like this.

The computer has a strap so I can wear it while I play or walk around.

Spending the night in the Hospital



For my pH probe test I will need to spend the night in the hospital.

My family will be able to stay with me.

Eating

While I have my pH probe it is important that I wait 4 hours between meals to eat.

This helps my test work better so the doctors can take the best care of my body.



While I am at the Hospital



There are lots of fun things to do at the hospital while I have my test.

I am going to do great!

This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)