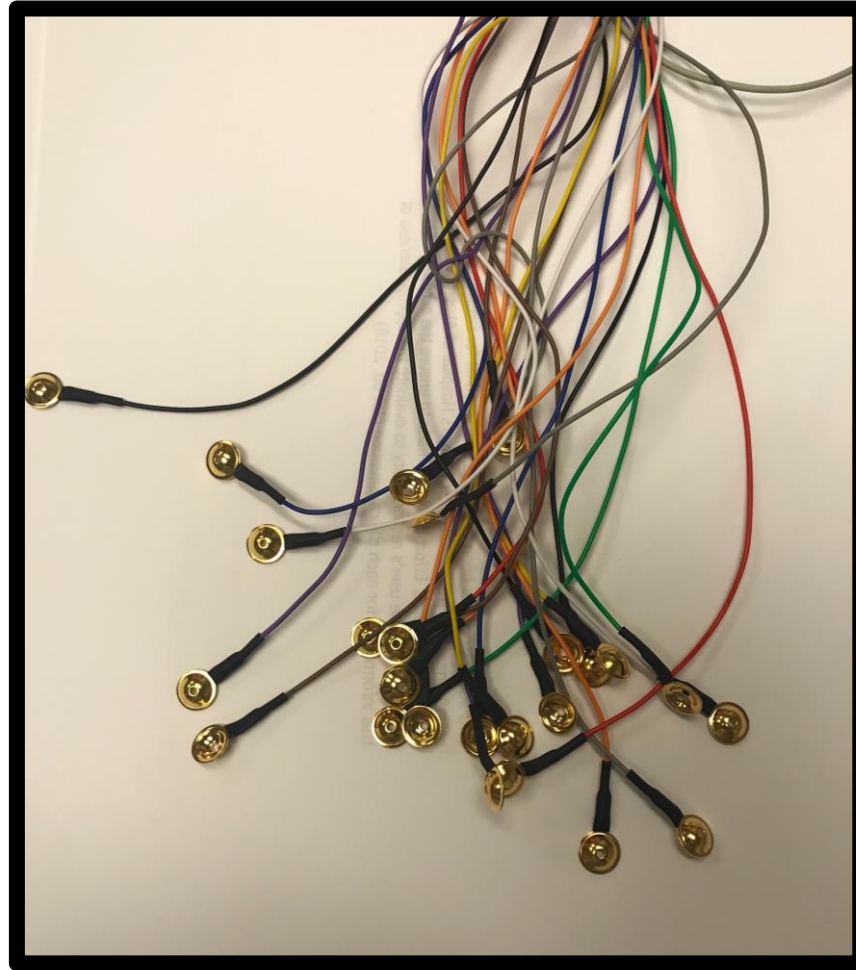


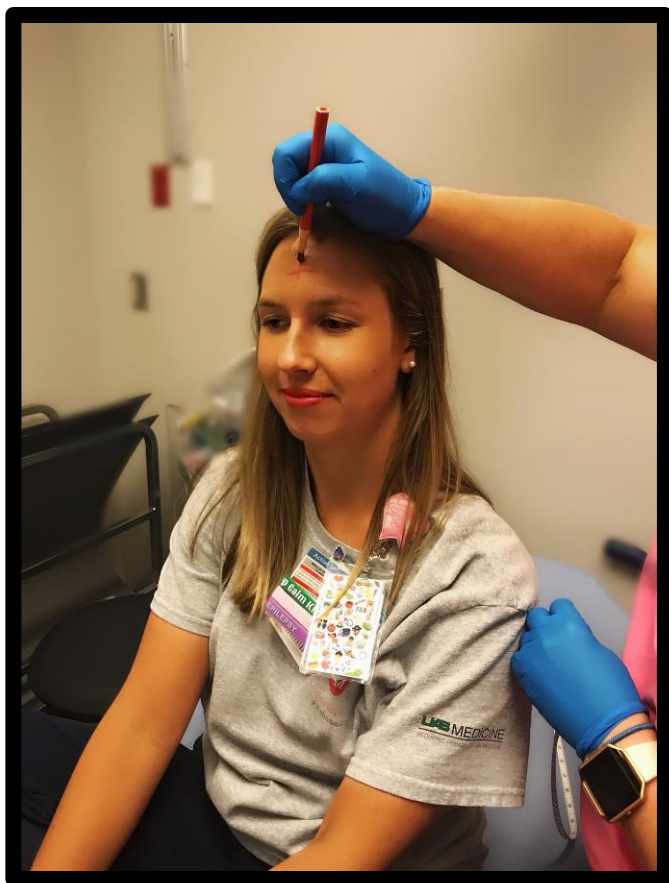
**EEG**



I am at the hospital to have an EEG (electroencephalogram).



An EEG is a test that sees how my brain is working by using special stickers called electrodes.

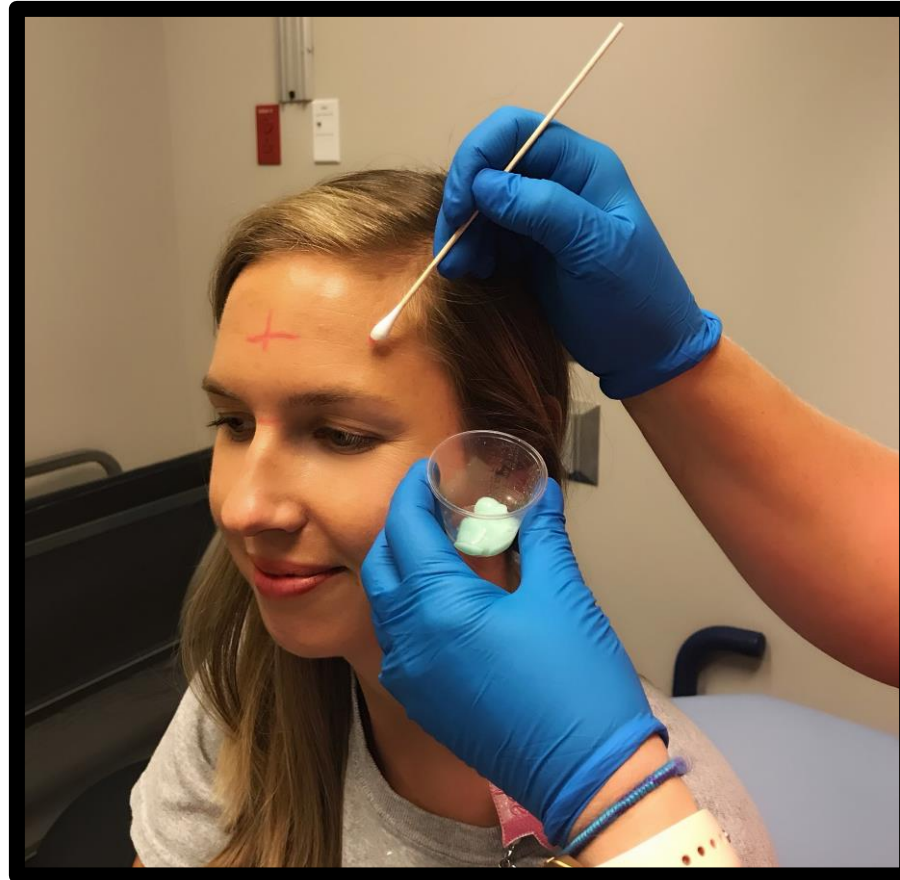


First, the EEG tech will measure my head with a tape measure and draw small marks on my head using a marker.

This marker will wipe off my skin.

This will help the EEG tech know where to put the special stickers for the test.





Next, the EEG tech will use gel and a Q-Tip to clean the spot for each sticker.

This will feel cold and wet, but it will not hurt.



The EEG tech will use white cream to place the sticker on the right spot on my head.

This cream helps my stickers stay in place during my test.

It is important that I stay still while my stickers are placed on my head.



After all of the stickers have been placed on my head the EEG Tech will wrap my head with a soft white cloth.

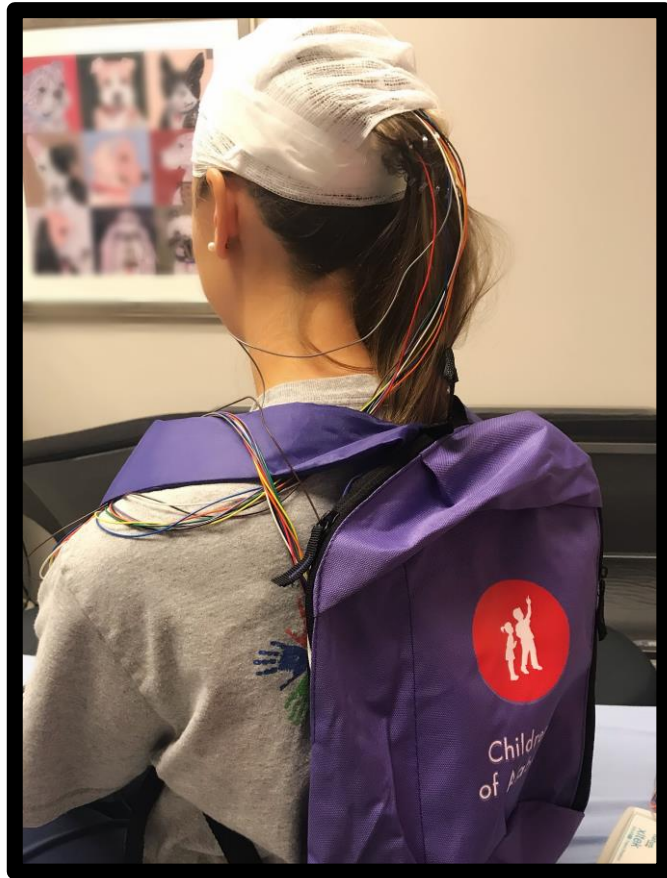
This soft cloth will also help keep my stickers in place during my EEG.



Next, I will be asked to do different activities to help the EEG tech learn more about my brain.

I will blow a pinwheel, answer questions, and close my eyes in front of a flashing light.

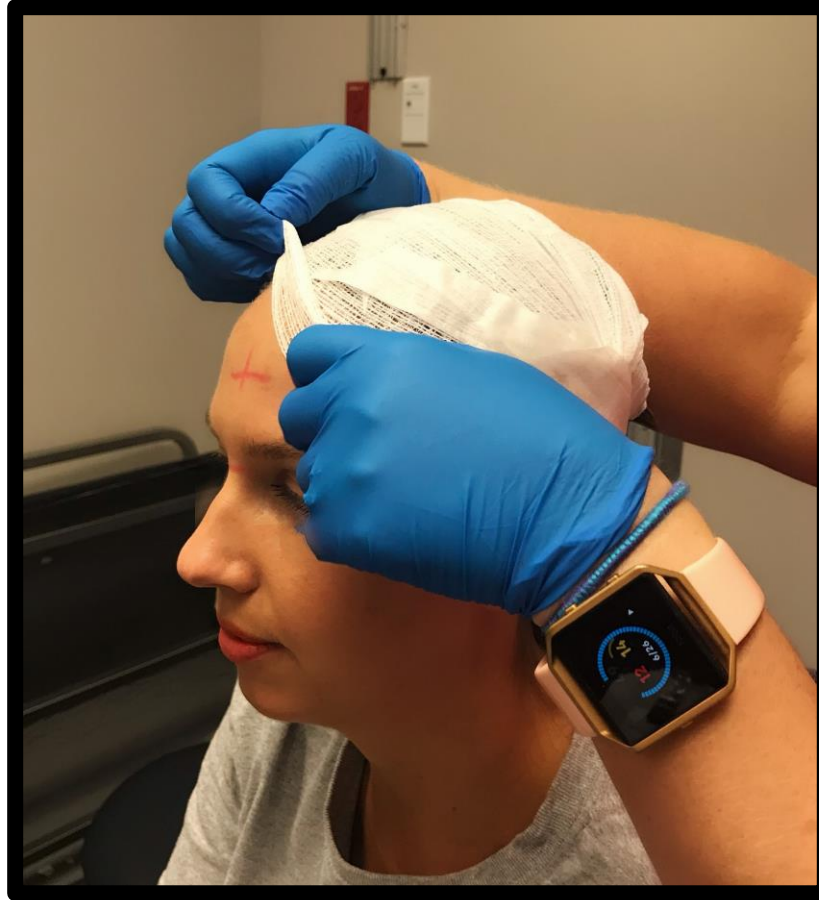




I will wear this hat while I am at the hospital.

It is important that I do not touch my head or the stickers on my head.

I can still play games, watch TV, or make crafts at the hospital while I am having the EEG.



When the test is done the cap and stickers will be taken off of my head.

My head will be cleaned with warm water and a washcloth.

**All done**



Once all my stickers have been removed  
and my head is cleaned I will be all done.



I am going to do great!

This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)